



S U R G I C A L A S S O C I A T E S O F G A D S D E N

General Preoperative Instructions

You must be NPO (nothing by mouth) after midnight on the night prior to surgery. This includes tobacco, gum and mints!

Taking Your Medicines

1. You should take all of your usual medications on your regular schedule.
2. If you have diabetes and take insulin, you may need to modify your insulin injections. Please check with your medical doctor who manages your diabetes on how to do this.
3. You should **STOP** taking any medication containing Aspirin or Ibuprofen **AT LEAST 7 DAYS BEFORE YOUR SURGERY.**
4. Notify your doctor if you are taking any other **BLOOD THINNING AGENTS** (Coumadin, Plaxix, Warfarin, Pradaxa, Xarelto, Eliquis or herbs). These will need to be held for a certain amount of days prior to surgery.
5. Take your medications with you to your pre-op bloodwork appointment and they will tell you what you can take the morning of surgery.

Please feel free to call for any questions!